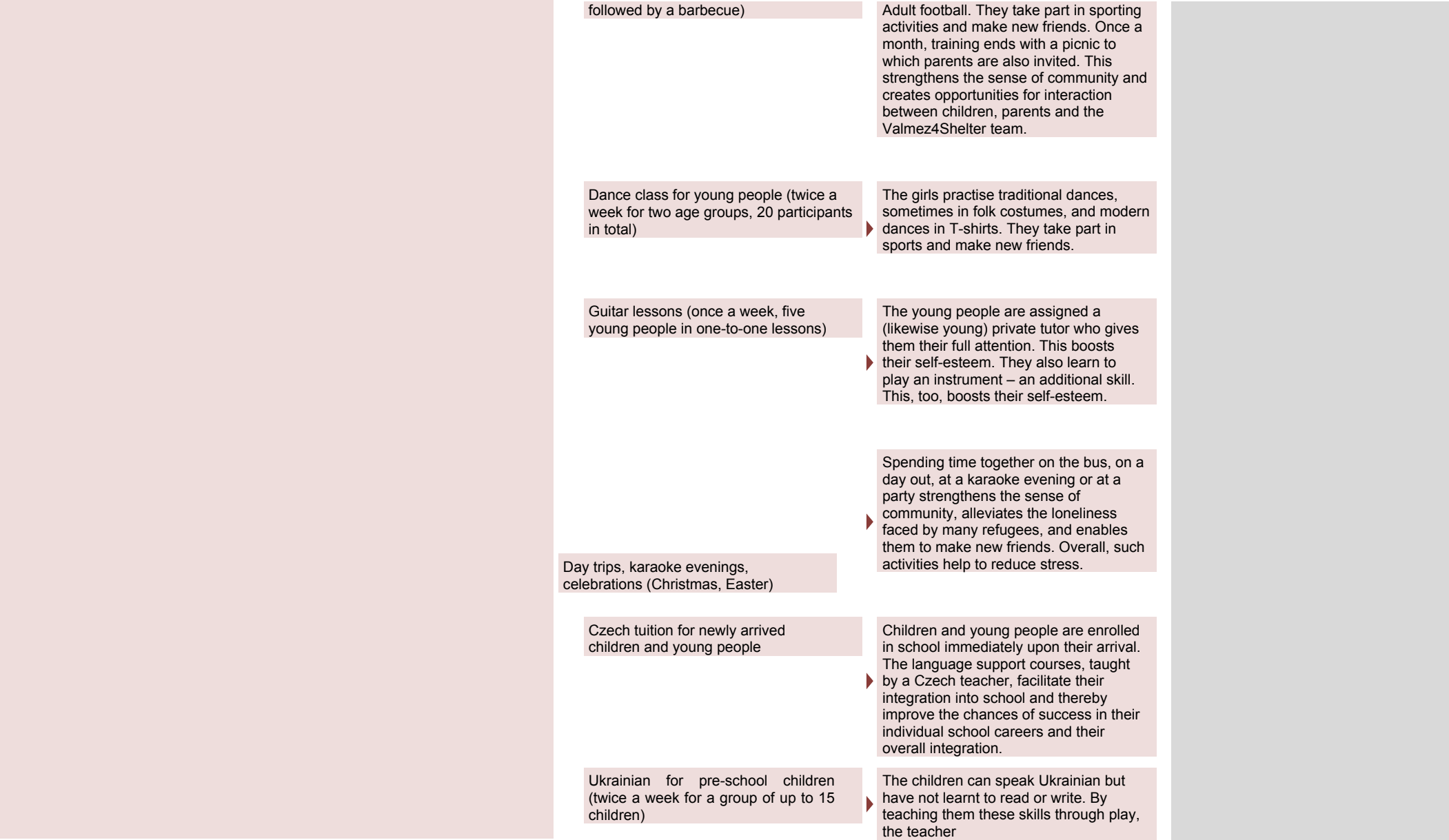


Impact model: Valmez4Shelter: Psychosocial support services, Context: Valmez, Target group: 1,200 refugees from Ukraine living in Valašské Meziříčí (Valmez). The services are tailored to the respective age group.

Input	Implementation/Activities	Output	Outcome	Impact
Staff and financial resources	Strategic and operational implementation	Services (products and offerings) for the target group	Effects on the target group	Effects at a societal (overarching) level
Psychosocial services: leisure activities, integration counselling, language courses, sport, excursions, music lessons Staff: CHF 53,000 for planning, support and delivery of the services; in total, around a dozen people are involved (all Ukrainian refugees), who oversee specific tasks such as planning excursions, football training, guitar lessons, children's dance classes, exercise sessions for older people, Czech language courses for older people, Czech language courses for newly arrived young people, etc. Funding: 10,000 CHF for sports activities and excursions (primarily admission fees for indoor and outdoor swimming pools) Funding: CHF 5,000 for food (weekly cookery class for a youth group, monthly barbecue event)	Teachers, Val-meZ4Shelter support team, external instructors (football, exercise classes for older people, Czech and Ukrainian teachers, dance teacher, guitar teacher) Planning and delivery of psychosocial support services Representative of a local church Organisation of the monthly day trip (approx. 60 refugees) in the church's own bus.	Counselling at the V4S office or at the person's place of residence	A person seeking advice (usually a single mother or an elderly person living alone) can: apply for social assistance; open a bank account; submit an application for a pension from Ukraine; find a doctor; find a secondary school for their child; submit an application to move house to the correct authority.	The refugees are able to participate more fully in community life in Valmez. They are properly registered and can access the social benefits to which they are entitled. The various leisure activities provide a welcome contrast to the often cramped conditions in the emergency accommodation. Consequently, the refugees feel more at home in their new surroundings and are less likely to develop psychosomatic symptoms. The close contact between the team and the refugees helps to identify health and social problems at an early stage and to take appropriate action. The permanent residents of Valmez benefit as social and healthcare costs are reduced due to illnesses being detected earlier rather than later.
		Swimming pool visits (twice a week for young people, once a week for older people, 12 people per group)	For one afternoon, participants are able to take part in physical activities and spend time with a group of peers, rather than being confined to the cramped emergency accommodation. The older adults, in particular, make new friends.	
		Czech language course for senior citizens (once a week, approx. 10 people)	This low-threshold course (taught by a Ukrainian woman) enables participants to learn basic everyday expressions in an informal setting. This helps the older adults to communicate in everyday situations, such as in shops and when dealing with administrative matters, and makes it easier for them to integrate.	
		Exercise class for older people (once a week, approx. 10 people)	The older people, who often spend their time in the emergency accommodation doing nothing, are encouraged to get active and take part in light exercise sessions with staff. This helps them get more exercise and make new friends.	
		Seniors' café (every Sunday, approx. 12 people)	Most refugees cannot afford coffee and cake in a restaurant. The Sunday event is a highlight of the week. It also gives them the chance to make new friends.	
		Football training (weekly, around 15 participants, once a month)	The children and young people train and play under the guidance of a young	

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Organisation name:
Valmez4Shelter

Impact model: Valmez4Shelter: Psychosocial support services, Context: Valmez, Target group: 1,200 refugees from Ukraine living in Valašské Meziříčí (Valmez). The services are tailored to the respective age group.



Impact model: Valmez4Shelter: after-school clubs, Context: Valašské Meziříčf, Czech Republic, Target audience: pre-school children of single mothers (after-school clubs); children during the summer school holidays (summer camp)

Input	Implementation/Activities	Output	Outcome	Impact
Staffing and financial resources	Strategic and operational implementation	Services (products and offerings) for the target group	Effects on the target group	Effects at a societal (overarching) level
Relief, support (for family members) Staff: 15,000 CHF (after-school clubs) Staff: 12,000 CHF (summer camp) Funding: 3,000 CHF (meals, public transport, admission fees)	Care staff Planning and supervision of the after-school club Care staff Planning and supervision of the summer camp	Supervision in after-school clubs	The children are looked after by qualified staff whilst their single, working mothers are at work and are provided with a nutritious lunch. Mothers can drop their children off at the nursery with peace of mind and get on with their work. They do not have to worry about childcare or meals.	By providing refugee children with a stable living environment whilst their single mothers are at work, they are able to develop in a manner appropriate to their age. This stability is also likely to have a positive impact on their future school career and personal development. As they get to know life in their new home through their daily experiences at the after-school care centre or summer camp, their integration into the school system and society in the Czech Republic is likely to be easier. As the mothers are able to entrust their children to a trustworthy environment whilst they are at work, their daily lives become more stable. This helps to bring some peace of mind to the already stressful period of fleeing their home country and making a new start. The town of Valmez benefits in that the children do not have to spend their time without any care, or with poor care, whilst their single mothers are at work. Better-integrated children and mothers who are not burdened by the dual demands of work and childcare tend to mean less need for the town of Valmez to provide support for socially vulnerable refugees.
		Summer camp	The children are looked after by qualified staff whilst their single, working mothers are at work, and are provided with a nutritious lunch. Mums can drop their children off at the summer camp with peace of mind and get on with their work. They don't have to worry about childcare or meals.	

Organisation name:
Valmez4Shelter

Impact model: Valmez4Shelter: Emergency aid, Context: Valašské Meziříčí, Target group: Newly arrived, destitute refugees; other refugees in acute need

Input	Implementation/Activities	Output	Outcome	Impact
Staff and financial resources	Strategic and operational implementation	Services (products and offerings) for the target group	Effects on the target group	Effects at a societal (overarching) level
Financial support, financial aid, cash programmes Funding: 40,000 CHF for start-up funds, food aid, transport and in-kind assistance Funding: 5,000 CHF for medical aid (glasses, medicines, hearing aids (second-hand))	Team Valmez Identification of those in need (mostly single, destitute mothers or older people)	Financial resources	Start-up grant for destitute new arrivals: Alleviating the current financial hardship, thereby also reducing stress and helping them to better come to terms with any trauma caused by their flight.	This assistance (start-up funds, goods in kind) helps to stabilise the situation of refugees in need (mostly single mothers or older people). This makes it easier for these people to integrate into their new living environment. Children whose mothers are not under pressure to provide the bare necessities can attend nursery or school with greater peace of mind.
		Financial resources	Emergency aid (glasses, medication, hearing aids): improved health, stress relief, easier integration	
Delivering relief supplies Staff: Caretaker of the equipment store containing kitchen equipment and bedding (second-hand from Switzerland)	Materials Depot Coordinator: Receiving parcels, sorting, distribution	Material aid	Provision of cooking utensils, crockery, bedding, clothing, children's toys, etc. (donations of goods from Switzerland): Refugees can quickly set up their own small household free of charge and cook for themselves. They can also save their limited pocket money for food and hygiene products.	Refugees who are provided with the bare essentials place less of a burden on the wider community. Furthermore, they are able to perform to the best of their ability, whether at work or at school.

Organisation name:
Valmez4Shelter